

DYS STRUCTURED PROGRAMS: FEMALE AND MALE
April 29, 2009

SJCF Staff Facilitated Female Programs

- **TARGET** Teaching self-regulation to trauma survivors which increases control
 - **The program objectives:** Teaching self-regulation to trauma survivors which increases control over emotional self regulation and relational engagement.
 - **Number of youth enrolled:** 35
 - **Number of staff that provide the program** 5 staff (3 licensed social workers and two Psychology Assistants)
 - **Type of training of staff who are providing the program** Completed TARGET training offered through ODYS by TARGET provider
 - **Number of youth who have been in the program since June 1, 2008:** 20 youth

- **PROCESS GROUP**
 - **The program objectives:** To provide education on specific topics related to daily living in the institution and improve interpersonal skills.
 - **Number of youth enrolled:** 36
 - **Number of staff that provide the program** 4 Licensed Social Workers
 - **Type of training of staff who are providing the program** Social Worker Training
 - **Number of youth who have been in the program since June 1, 2008:** 120 youth

- **EMOTIONAL MANAGEMENT**
 - **The program objectives:** To identify an Emotional Management/Anger Management plan through identification of triggers and physical reactions to emotions.
 - **Number of youth enrolled** 12
 - **Number of staff that provide the program** 1 Licensed Psychologist
 - **Type of training of staff who are providing the program:** Licensed Psychologist
 - **Number of youth who have been in the program since June 1, 2008:** 12 youth

- **ANGER MANAGEMENT**
 - **The program objectives:** To identify triggers that result in harmful behaviors.
 - **Number of youth enrolled** 6
 - **Number of staff that provide the program** 1 LISW
 - **Type of training of staff who are providing the program:** Social Worker is independently licensed
 - **Number of youth who have been in the program since June 1, 2008:** 24 youth

- **CONFLICT RESOLUTION**
 - **The program objectives:** To teach youth skills that will help resolve conflicts that occur in daily living.
 - **Number of youth enrolled:** 6
 - **Number of staff that provide the program** 1 LISW
 - **Type of training of staff who are providing the program:** Social Worker is independently licensed
 - **Number of youth who have been in the program since June 1, 2008:** 41 youth

- **CHOICES (Domestic Violence) (weekly)**
 - **The program objectives:** Cycle of violence, early warning signs, keeping safe if in abusive relationship.
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program** Facilitated by one LISW and by licensed social worker volunteer from local domestic violence shelter
 - **Type of training of staff who are providing the program:** Social Worker is independently licensed
 - **Number of youth who have been in the program since June 1, 2008:** 30 youth

- **POETRY MA'AM**
 - **The program objectives:** Help girls learn to reflect on and talk about their life experiences, thoughts, feelings and values.
 - **Number of youth enrolled:** 5
 - **Number of staff that provide the program** 1 Psychologist
 - **Type of training of staff who are providing the program:** Licensed psychologist
 - **Number of youth who have been in the program since June 1, 2008:** 7 youth

- **CAREER CHOICES**
 - **The program objectives:** Help girls think about their lives in terms of the role they hope to fulfill in the world of work.
 - **Number of youth enrolled:** 16
 - **Number of staff that provide the program** 2 staff (Psychologist, AOT teacher)
 - **Type of training of staff who are providing the program:** Licensed psychologist and Licensed Teacher
 - **Number of youth who have been in the program since June 1, 2008:** 20 youth (Group exclusive to MH unit.)

- **OCCUPATIONAL GROUP**
 - **The program objectives:** This group involves sensory-motor and tactile sensations to aid in the youths ability to gain coping skills.
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program** 1 Occupational Therapist
 - **Type of training of staff who are providing the program:** Licensed OT
 - **Number of youth who have been in the program since June 1, 2008:** 20 youth (Group exclusive to MH unit.)

- **COOKING GROUP**
 - **The program objectives:** Helps youth gain practical cooking and dieting skills.
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program** 1 Mental Health Nurse, 1 Occupational Therapist
 - **Type of training of staff who are providing the program:** Licensed RN, Licensed OT
 - **Number of youth who have been in the program since June 1, 2008:** 20 youth (Group exclusive to MH unit.)

- **GOALS GROUP**
 - **The program objectives:** Daily incentive and strength based group aimed at helping you make positive personal gains in behavior.
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program** 1 LISW
 - **Type of training of staff who are providing the program:** Independently licensed social worker
 - **Number of youth who have been in the program since June 1, 2008:** 20 youth (Group exclusive to MH unit.)

- **HEALTH & MEDICATION**
 - **The program objectives:** Group focuses on med compliance and a variety of health related issue, i.e. sex education, hygiene, exercise
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program** 1 Mental Health Nurse, 1 Occupational Therapist
 - **Type of training of staff who are providing the program:** Licensed RN, Licensed OT
 - **Number of youth who have been in the program since June 1, 2008:** 20 youth (Group exclusive to MH unit.)

- **BOB EVANS**
 - **The program objectives:** To train youth with the Bob Evans Restaurant training program so they are eligible for employment upon release.
 - **Number of youth enrolled:** 3
 - **Number of staff that provide the program** 1 Food Service Supervisor
 - **Type of training of staff who are providing the program:** Former Bob Evans Manager
 - **Number of youth who have been in the program since June 1, 2008:** 5 youth

- **GOSPEL CHOIR**
 - **The program objectives:** To allow girls an opportunity to experience healthy social interaction through gospel music
 - **Number of youth enrolled:** 15
 - **Number of staff that provide the program** 1 Office Assistant
 - **Type of training of staff who are providing the program:** Directs local church choir
 - **Number of youth who have been in the program since June 1, 2008:** 35 youth

- **ADOPT A PARK**
 - **The program objectives:** Community Service
 - **Number of youth enrolled:** 4
 - **Number of staff that provide the program** 2 Recreation staff
 - **Number of youth who have been in the program since June 1, 2008:** 5

- **BOOK CLUB**
 - **The program objectives:** To instill love of reading (Book this session Teach Me by R.A. Nelson)
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program** 1 English Teacher
 - **Type of training of staff who are providing the program:** Licensed English Teacher
 - **Number of youth who have been in the program since June 1, 2008:** 40

SJCF Staff Facilitated Male Programs Cedar Revocation Unit

Opened October 1, 2008 to date 25 youth has successfully completed the 90 day program:

- **INTRODUCTION TO CBT**
 - **The program objectives:** Explain basics of CBT to youth entering New Directions Program
 - **Number of youth enrolled:** All Youth receive this group as they enter the program
 - **Number of staff that provide the program** 1 Psychologist
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati

- **MORAL REASONING**
 - **The program objectives:** Help youth make more mature moral decisions
 - **Number of youth enrolled:** 18
 - **Number of staff that provide the program** 1-2 staff (Psychologist and JCO)
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati

- **PROBLEM SOLVING**
 - **The program objectives:** To teach the skill of problem solving for daily living
 - **Number of youth enrolled:** 18
 - **Number of staff that provide the program** 2 Licensed Social Workers
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati

- **SUBSTANCE ABUSE**
 - **The program objectives:** To identify personal issues with abuse of substances.
 - **Number of youth enrolled:** 18
 - **Number of staff that provide the program** 2 Licensed Social Workers
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati

- **SKILL STREAMING**
 - **The program objectives:** To teach pro-social daily living skills.
 - **Number of youth enrolled:** 18
 - **Number of staff that provide the program** 2 Licensed Social Workers 4 Juvenile Correctional Officers
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati

- **ANGER CONTROL**
 - **The program objectives:** To identify triggers and replace anti-social behaviors with pro-social skills.
 - **Number of youth enrolled: 18**
 - **Number of staff that provide the program** 2 Licensed Social Workers
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati
- **RELAPSE PREVENTION**
 - **The program objectives:** To develop a relapse prevention plan based on all the skills taught in the New Directions CBT.
 - **Number of youth enrolled: 18**
 - **Number of staff that provide the program** 2 Licensed Social Workers
 - **Type of training of staff who are providing the program:** CBT training through University of Cincinnati

Ohio River Valley Juvenile Correctional Facility as of 4/29/09

- **Conflict Management for Youth**
 - **Program Objectives:** To understand conflict and the emotions those accompany it, and appropriate ways to deal with conflict.
 - **Number of youth enrolled:** 125
 - **Number of staff that provides the program:** One (1) Social Work Supervisor and eight (8) Social Workers II currently provides this program.
 - **Type of training of staff who are providing the program:** Both Social Work Supervisors along with a few Social Workers II completed Conflict Management Program training conducted by Shari Wolf, Social Services Coordinator. The Social Work Supervisors then trained the remaining Social Workers.
 - **Number of youth who have been in the program since June 1, 2008:** approximately 200 youth
- **Anger Management Program**
 - **Program Objectives:** To educate youth on effective ways to deal with their feelings and emotions to prevent aggressive behaviors
 - **Number of youth enrolled:** 47
 - **Number of staff that provides the program:** Three (3) Social Workers currently provides this program
 - **Type of training of staff who are providing the program:** The above staff received departmental training regarding this program.
 - **Number of youth who have been in the program since June 1, 2008:** approximately 100 youth
- **Healthy Sex Education**
 - **Program Objectives:** Teach youth the importance of healthy relationships and responsible sexual practices.
 - **Number of youth enrolled:** 50
 - **Number of staff that provide the program:** 3 Social Workers
 - **Type of training of staff who are providing the program:** Licensure, education background and work experience sufficient to facilitate program
 - **Number of youth who have been in the program since June 1, 2008:** approximately 120 youth
- **Parenting**
 - **Program Objectives:** Provide youth parenting skills
 - **Number of youth enrolled:** 17
 - **Number of staff that provides the program:** 1 Social Worker
 - **Type of training of staff who are providing the program:** Licensure, education background and work experience sufficient to facilitate program
 - **Number of youth who have been in the program since June 1, 2008:** approximately 26 youth
- **Social Skills**
 - **Program Objectives:** Teach youth how to appropriately react and respond to social situations and interactions with others
 - **Number of youth enrolled:** 34
 - **Number of staff that provides the program:** 3 Social Workers
 - **Type of training of staff who are providing the program:** Licensure, education background and work experience sufficient to facilitate program
 - **Number of youth who have been in the program since June 1, 2008:** approximately 284 youth

➤ **Special Management Unit Programming:**

- **Program Objectives:** Develop strategies to address youth individual issues/behavior which led to their placement on the SMU (Strategy for Success Plans).
- **Number of youth enrolled:** 24
- **Number of staff that provides the program:** Two Social Workers and one Psychology Assistant 2
- **Type of training of staff who are providing the program:** Social Workers completed Victimization Behavior training conducted by the Office of Victim Services.
- **Curriculum Used:** Victimization Behaviors in the institution is processed in Phase One; New Direction Program from Hazelden Workbooks (Modules - Criminal and Addictive Thinking, Socialization, Release and Reintegration)
- **Number of youth who have been in the program since June 1, 2008:** approximately 36 youth

CHJCF Programs as of 4/29/09

Conflict Management

- **Program Objectives:** A comprehensive program to teach conflict resolution to youth in attempting to prevent, manage and resolve conflict.
- **Number of youth enrolled:** 95
- **Number of staff that provides the program:** 12
- **Type of training of staff who are providing the program:** Staff attended five sessions which included role playing the skills and lessons within the curriculum. Trainers: S. Wolf, J. Hurley
- **Number of youth who have been in the program since June 1, 2008:** 159

➤ **Victim Awareness**

- **Program Objectives:** Consist of educational sessions specific to identifying who the victims are and which of the four types of victim impact come into play with specific types of offender behavior.
- **Number of youth enrolled:** 24,
- **Number of staff that provides the program:** 1
- **Type of training of staff who are providing the program:** 1 week training which include victim sensitivity, overview of curriculum, guidelines for class goals & objectives, roles of victim service representative and facilitator and participation in the victim impact panel. Trainers: D. Cabell, B. Adams, E. Green, K. Foulke, M.J. Latta
- **Number of youth who have been in the program since June 1, 2008:** 78 complete, 3 of those were repeats.

➤ **Standard Needs Sex Offender Program**

- **Program Objectives:** Teaches youth relapse prevention and how not to reoffend sexually.
- **Number of youth enrolled:** 99
- **Number of staff that provides the program:** Staff providing program 8
- **Type of training of staff who are providing the program:** Staff attended two day training, and the format used was lecture, power point, discussion, case scenario exercises and group discussion. Trainer(s) Dr. Gregory, Dr. Politzer, Dr. Buccigross, L. Gable, T. Holdren
- **Number of youth who have been in the program since June 1, 2008:** 9 (this is a 12 month program)

➤ **Life Skills Curriculum**

- **Program Objectives:** Is a sequential program that is designed to equip students with knowledge and skills to set goals for themselves and make better life choices.
- **Number of youth enrolled:** 92
- **Number of staff that provides the program:** Staff providing program 12
- **Type of training of staff who are providing the program:** Staff received in-service training the format used was discussion and video presentation. Trainer: Jacqueline Cayson-Miller
- **Number of youth who have been in the program since June 1, 2008:** This is an ongoing program

➤ **Low Needs Sex Offender group**

- **Program Objectives:** Primarily educational and focuses on youth understanding how their behavior crosses the lines to offending behavior.
- **Number of youth enrolled:** 3
- **Number of staff that provides the program:** Staff providing program 1,
- **Type of training of staff who are providing the program:** 1 day training consisted of review of the 24 components in the curriculum, and how to administer the exams. Trainer: S. Wolf
- **Number of youth who have been in the program since June 1, 2008:** 31 completed, 9 of those had to repeat the program.

- **Bullying Prevention-Olweus Bullying Prevention Guide (Began April 2009)**
 - **The program objectives;** To assist youth in identifying bullying type behaviors and all of the risk factors associated with bullying.
 - **Number of youth enrolled:** 17
 - **Number of staff that provide the program** Approximately 50+
 - **Type of training of staff who are providing the program:** 3 hours by trained facilitators
 - **Number of youth who have been in the program since June 1, 2008:** All Youth at the Facility attended Kick Off - April 2009.

Marion Juvenile Correctional Facility as of 4/29/09

SMU-Bldg 2

- **The SMU program** is a 3 level phase program that deals with highly disruptive/assaultive youth.
 - **The program objectives:** To assist youth with addressing the behavior that got them on the SMU so they can reintegrate back into general population.
 - Victimized Behavior
 - Faulty Beliefs
 - My Values
 - Living with Others
 - Personal Relationships
 - Anger Management
 - Relapse Prevention
 - The materials are from the Change Company excluding the first packet of victimizing behaviors.
 - **Number of youth on the Unit:** 28
 - **Number of staff that provides the program** Social Workers, Social Work Supervisor, and Psychology Staff
 - **Type of training of staff who are providing the program:** prior training/schooling to provide the programming. Those responsible include:
 - **Number of youth who have been in the program since June 1, 2008:** 92
- **Victim Awareness**-A program developed by the Office of Victim Services
 - **The program objectives:** To assist youth in recognizing the impact their crime has had on victims.
 - **Number of youth enrolled:** 4 (this number is this low due to the closing of Marion)
 - **Number of staff that provide the program:** 4
 - **Type of training of staff who are providing the program:** The facilitators have all had one week of Victim Awareness training.
 - **Number of youth who have been in the program since June 1, 2008:** 120
- **Conflict Management** from Ohio Commission on Dispute Resolution
 - **The program objectives:** Exploring the nature of conflict, Examine responses to conflict, Learn and practice skills for de-escalating, managing, and resolving conflict, Learn to create an environment that integrates best practices in a juvenile institution with best practices in conflict education.
 - **Number of youth enrolled:** Program provided to all the youth at Marion. There are 44 lessons plans.
 - **Number of staff that provide the program:** All Social Worker Supervisors and all group facilitators (15)
 - **Type of training of staff who are providing the program:** All Social Worker Supervisors and all group facilitators (15) have been trained extensively 24 hours that included peer presentations and critiques.
 - **Number of youth who have been in the program since June 1, 2008:** 240
- **“Making the Most of my Time”** created by New Life Youth Services Independent Living Program Cincinnati, OH 1990 is provided on general population units since the announcement of Marion closing and completion of Conflict Management.
 - **The program objectives:** To help young people in a correctional facility learn about responsible living in the community. This program has 27 lesson plans.
 - **Number of youth enrolled:** 10
 - **Number of staff that provide the program:**
 - **Type of training of staff who are providing the program:** The SW staff were trained how to present, engage, and process materials.
 - **Number of youth who have been in the program since June 1, 2008:** 35

- **Thinking for a Change-NIC** (22 lessons Cognitive Behavioral Program)
 - **The program objectives:** Social Skills, Cognitive Restructuring, and Problem Solving skills
 - **Number of youth enrolled** 19
 - **Number of staff that provide the program:** 1
 - **Type of training of staff who are providing the program:** 2 day training
 - **Number of youth who have been in the program since June 1, 2008:** 45

Mohican Juvenile Correctional Facility Therapeutic Community as of 4/29/09

The below programs are programs that are offered in addition to the Therapeutic Modality programs that address AOD issues.

- **Victim Awareness** is an 11 week program conducted on a scheduled rotation determined by the Office of Victim Services (OVS).
 - **Program Objectives:** Consist of educational sessions specific to identifying who the victims are and which of the four types of victim impact come into play with specific types of offender behavior.
 - **Number of youth enrolled:** 25
 - **Number of staff that provides the program:** 2
 - **Type of training of staff who are providing the program:** The facilitators have all had one week of Victim Awareness training.
 - **Number of youth who have been in the program since June 1, 2008:** 100

- **The Conflict Management Program** from Ohio Commission on Dispute Resolution.
 - **Program Objectives:** It consists of twenty six weeks of topics designed to explore the nature of conflict, examine responses to conflict and learn to practice skills for de-escalating, managing and resolving conflict.
 - **Number of youth enrolled:** 150
 - **Number of staff that provides the program:** 8 Social Workers
 - **Type of training of staff who are providing the program:** Social workers were provided with eight hours of training by two social workers who were trained by Central Office.
 - **Number of youth who have been in the program since June 1, 2008:** 284

- **Peer Helping Skills** programming teaches youth to work cooperatively with peers on social skills and problems solving.
 - **Program Objectives:** For youth to develop mentoring skills and practice conflict management
 - **Number of youth enrolled:** 10
 - **Number of staff that provides the program:** 2 social workers and 1 JCO
 - **Type of training of staff who are providing the program:** There was no formal training involved
 - **Number of youth who have been in the program since June 1, 2008:** 80

CJCF Staff Facilitated Programs as of 4/29/09

- **Victim Awareness**-A program developed by the Office of Victim Services
 - **The program objectives:** To assist youth in recognizing the impact their crime has had on victims.
 - **Number of youth enrolled:** 10 -15 each session
 - **Number of staff that provide the program:** 4
 - **Type of training of staff who are providing the program:** The facilitators have all had one week of Victim Awareness training.
 - **Number of youth who have been in the program since June 1, 2008:** 79

- **Conflict Management**
 - **Program Objectives:** A comprehensive program to teach conflict resolution to youth in attempting to prevent, manage and resolve conflict.
 - **Number of youth enrolled:** approximately 10 each session
 - **Number of staff that provides the program:** 11 (by SW'rs; Closed Peer Group that met 2 times per week)
 - **Type of training of staff who are providing the program:** Staff attended fives sessions which included role playing the skills and lessons within the curriculum.
 - **Number of youth who have been in the program since June 1, 2008: 209**

- **Sex Offender Curriculum:** A standard needs curriculum for sex offenders to reduce and or eliminate recidivism of sexual offending behaviors.
 - Number of youth enrolled: 0
 - Number of staff that provide the program: 11 (SW'rs)
 - Type of training of staff who are providing the program: SW'rs; (2 day training of curriculum provided).
 - **Number of youth who have been in the program since June 1, 2008: 367**

- **Transition/Independent Living-“Life on Your Own”:** A workbook designed curriculum that teaches basic living skills.
 - **Program Objectives:** Teach young men such skills as banking and managing your money, finding housing, job interviews, etc. to prepare youths for community reintegration.
 - **Number of youth enrolled:** 6 youths per session (3 groups completed)
 - **Type of training of staff who are providing the program:** SW'rs with a brief overview of program.
 - **Number of youth who have been in the program since June 1 2008: 18**

Indian River Juvenile Correctional Staff Facilitated Programs as of 4/29/09

- **Victim Awareness**-A program developed by the Office of Victim Services
 - **The program objectives:** To assist youth in recognizing the impact their crime has had on victims.
 - **Number of Youth Enrolled:** 24
 - **Number of staff that provide the program:** 3
 - **Type of training of staff who are providing the program:** The facilitators have all had one week of Victim Awareness training.
 - **Number of youth who have been in the program since June 1, 2008: 123**

- **Conflict Management** from Ohio Commission on Dispute Resolution
 - **The program objectives:** Exploring the nature of conflict, Examine responses to conflict, Learn and practice skills for de-escalating, managing, and resolving conflict, Learn to create an environment that integrates best practices in a juvenile institution with best practices in conflict education.
 - **Number of youth enrolled:** Program provided to all new youth approximately 80 youth
 - **Number of staff that provide the program:** All Social Workers are group facilitators (16)
 - **Type of training of staff who are providing the program:** All Social Worker (16) have been trained by the social worker supervisor
 - **Number of youth who have been in the program since June 1, 2008: 357**

- **Thinking for a Change-NIC** (22 lessons Cognitive Behavioral Program)
 - **The program objectives:** Social Skills, Cognitive Restructuring, and Problem Solving skills
 - **Number of youth enrolled:** 64
 - **Number of staff that provide the program:** 12
 - **Type of training of staff who are providing the program:** Some have had a two day training. Others have had a 4 hour training.
 - **Number of youth who have been in the program since June 1, 2008: 150**

➤ **Character Counts-Wisdom For Life Curriculum-Began sometime in 2007**

- **The program objectives:** Youth will be able to identify for themselves through the character counts 6 pillars of success. They learn values associated with, trustworthiness, respect, caring, citizenship, responsibility, and fairness.
- **Number of youth enrolled - 40**
- **Number of staff that provide the program**
- **Type of training of staff who are providing the program**
- **Number of youth who have been in the program since June 1, 2008: 84**

➤ **Bullying Prevention-Olweus Bullying Prevention Guide-Began April 2009)**

- **The program objectives;** To assist youth in identifying bullying type behaviors and all of the risk factors associated with bullying.
- **Number of youth enrolled -0**
- **Number of staff that provide the program** Approximately 50+
- **Type of training of staff who are providing the program:** 3 hours by trained facilitators
- **Number of youth who have been in the program since June 1, 2008:** Just beginning program